



KIDSTRONG®

TAKE EVERYTHING TO THE NEXT LEVEL WITH KIDSTRONG

SAVE UP TO 80%

\$25 FOR YOUR FIRST MONTH AT KIDSTRONG!

Locations open in Greystone and Vestavia Hills

KidStrong makes parenting less stressful.

KidStrong is a science-based kids training program designed to help parents raise strong, confident, high-character kids. If you've ever met a KidStrong kid in the wild, you'd definitely remember.

Our program is built by experts and taught by certified coaches, but the best part? Your kid will transform in just 45 minutes a week.

Ready to ignite a fire within your kids?



**BOOST
BRAINPOWER**



**BUILD
CONFIDENCE**



**MAKE
FRIENDS**



**CONQUER THE
PLAYGROUND**

www.kidstrong.com