



UAB MENTAL HEALTH FELLOW FACILITATOR APPLICATION

Criterion/Eligibility:

- Complete and submit the Mental Health Fellow Facilitator Application
- Successfully complete Levels 1 and 2 of the UAB Mental Health Advocate Program
- At least two (2) years of employment at UAB
- Letter of recommendation/approval from supervisor
- Agree to facilitate at least three (3) QPR or MHFA courses a year
- Department must provide financial support for Mental Health Fellow Facilitator training
 - *QPR Facilitator Training: \$500*
 - *MHFA Facilitator Training for Higher Education: \$2,200*

NAME: BLAZER ID:

UAB DEPARTMENT:

JOB TITLE:

SUPERVISOR'S NAME:

SUPERVISOR'S CONTACT INFORMATION:

HOW LONG HAVE YOU BEEN EMPLOYED AT UAB?

1. Explain why you would like to become a UAB Mental Health Advocate QPR or Mental Health First Aid Facilitator. How do you envision your role as a Mental Health Fellow contributing to the overall well-being of employees within the UAB enterprise?

2. Please share a specific experience where you supported someone in a mental health crisis or helped someone struggling with their mental well-being.

3. How do you plan to balance your commitment as a Mental Health Advocate Fellow with your UAB department responsibilities and duties?

4. What qualities do you possess that would make you a good facilitator?

5. Are you comfortable speaking in front of groups of colleagues and/or peers on the topic of suicide or other sensitive subject matters? Share your experiences with public speaking.

By signing this application, I affirm that I meet all necessary qualifications to assume the role of a peer responder facilitator and my supervisor endorses my candidacy.

SIGNATURE: _____ DATE: _____

SUPERVISOR'S SIGNATURE: _____ DATE: _____