

QPR

QUESTION
PERSUADE
REFER

for Suicide Prevention



QPR for Suicide Prevention offers hope through positive action. As a trained QPR Gatekeeper, you will learn to recognize the warning signs of people in trouble, and will have the tools to act vigorously to possibly prevent a suicide.



This course is eligible for the UAB Enterprise Mental Health Advocate Program.

2024 DATES:

- January 9, 8:30-10 a.m.
- March 12, 12-1:30 p.m.
- May 9, 8:30-10 a.m.
- July 16, 3:30-5 p.m.
- November 12, 3:30-5 p.m.

SUICIDE PREVENTION MONTH SESSIONS

- September 5, 8:30-10 a.m.
- September 10, 12-1:30 p.m.
- September 17, 3:30-5 p.m.
- September 26, 8:30-10 a.m.

WHO:

Program is free and open to UAB, UAB Medicine, VIVA Health, Homewood and Tarrant City Schools, and i3 Academy employees, and members of their immediate household.

REGISTRATION:

Go to go.uab.edu/EACC-Calendar and select a date to register via Zoom. Registration opens 30 days prior to the session. To request disability accommodations, email HRAWARE@uab.edu.



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