**Academic Success Coaching Intake Form**

**Name: ­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**BlazerID: ­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ UAB Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Current Major: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Year at UAB**: □ Fr □ So □ Jr □ Sr □ Other \_\_\_\_\_

**Please answer the following questions:**

Have you met with your Academic Advisor this semester? □ Yes □ No

Have you changed majors? □ Yes □ No

Are you a transfer student? □ Yes □ No

Are you the first person in your family to attend college? □ Yes □ No

Are you living on campus? □ Yes □ No

**What areas of success coaching are you interested in?** **[Check all that apply]**

□ College Transition

□ Organizational Skills

□ Time management

□ Goal setting & Planning

□ Motivation

□ Strategies for studying, note taking & test preparation

□ Other(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Have you experienced any of the following difficulties/concerns? [Check all that apply]**

□ Academically Under-prepared

□ Changing Major

□ Difficulties w/ Professor

□ Failed to Attend Class

□ Family Responsibility

□ First Generation College Student

□ Homesickness

□ Illness

□ Documented Learning Disability

□ Non-native speaker /ESL

□ International Student Issues

□ Transportation Issues

□ Over-Involvement in Activities

□ Poor Time Management Skills

□ Relationship Problems

□ Roommate Problems

□ Took Too Many Credit Hours

□ Worked Too Many Hours

□ Financial Concerns

□ Veteran Issues

□ Transfer Student

□ Adult Student /Non-Traditional Student

□ Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Have you used any of the following resources to help you become a successful student at UAB?**

**[Check all that apply]**

□ Academic Advisor

□ Academic Success Coach

□ Career Center

□ Student Disability Services

□ Financial Aid

□ TRIO/Upward Bound

□ Library

□ Math Center

□ Supplemental Instruction

□ Writing Center

□ Tutoring in Subject(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

□ Veteran’s Services

□ Office of Student Health & Wellness

□ Office of Student Outreach

□ Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**What are you hoping to gain from success coaching?**

**How did you hear about success coaching?**

□ Course Instructor

□ Academic Advisor

□ VMASC staff member

□ Office of Student Health & Wellness

□ Office of Student Outreach

□ Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Success Advising Agreement**

As a participant in the Vulcan Materials Academic Success Center Success Coaching program, I will attend all scheduled coaching sessions, complete any activities as agreed upon, and carry out any recommendations assigned to me from my Success Coach.

If I do not adhere to the guidelines of the Success Coaching program, I understand that I may be asked to no longer participate. As I agree to these terms of participation, I am committing myself to be both accountable and successful academically. I am ready and willing to make the necessary changes and am open to having an honest and communicative relationship with my Success Coach.

□ I agree

□ I do not agree